

# SUMMER YOGA CLASSES

at Highfield House Yoga studio , Summer Hill, Harbledown, Canterbury CT2 8NH

Times	Monday	Tuesday	Wednesday	Thursday
10 -11.30 am	31 <sup>st</sup> July SJ 21 <sup>st</sup> Aug SJ	1 <sup>st</sup> Aug JLB 8 <sup>th</sup> , 15 <sup>th</sup> 22 <sup>nd</sup> Aug CK-C 29 <sup>th</sup> Aug SJ	2 <sup>nd</sup> , 9 <sup>th</sup> and 30 <sup>th</sup> Aug JP 23 <sup>rd</sup> Aug JLB	
6.30-8.00 pm				3 <sup>rd</sup> , 10 <sup>th</sup> 17 <sup>th</sup> & 24 <sup>th</sup> Aug JF
7.30-9.00 pm		1 <sup>st</sup> and 22 <sup>nd</sup> Aug JLB 8 <sup>th</sup> , 15 <sup>th</sup> Aug CK-C	2 <sup>nd</sup> Aug JLB 9 <sup>th</sup> , 16 <sup>th</sup> Aug BB 23 <sup>rd</sup> 30 <sup>th</sup> Aug JL	

**Cost:** £10 per class OR If pre-booked and paid for 3 or more £8.00 a session

**Booking:** to ensure a place please either phone, text, email Cora Kemball-Cook (details below)

<b>BB</b> Bernie Barry	mariabernadetta@hotmail.com	07984 938 263	<b>JL</b> Jo Lilley	joanna_rosemarie@hotmail.com	07989 909 261
<b>CK-C</b> Cora Kemball-Cook	corakc@hotmail.com	07711 830 275	<b>JP</b> Julie Page	juliebillpage@btinternet.com	07896 471 107
<b>JF</b> Jo Fiakkas	joanna.fiakkas@hotmail.com	07932 761 237	<b>SJ</b> Susan Jeffery	sjyogaandphilosophy@gmail.com	07817 319 939
<b>JLB</b> Joanna Labon	joannalabon@gmail.com	0788 414 8868		<i>Chair-based yoga summer classes also available - please contact Susan Jeffery directly for info</i>	