

SUMMER YOGA CLASSES



at Highfield House Yoga studio , Summer Hill, Harbledown, Canterbury CT2 8NH

Times	Monday	Tuesday	Wednesday	Thursday
9.30 am – 11.00	30th July SJ 6th Aug SJ			
10.00 – 11.30		14th & 21st Aug CK-C	25th July JP 1st August JP	2nd & 9th Aug CKC 16th, 23rd JL
11.30 12.30 Chair yoga	30th July SJ 6th Aug SJ			
6.30-8.00 pm			1st, 8th, 15th, 22nd JL	Aug 9th, 16th 23rd JF
7.00-8.30 pm	30th July SS 6th Aug SS	7th, 14th Aug CK-C		

Cost: £10 per class drop in OR if pre-booked and paid before each class cost is £8.00. **Booking:** Contact individual teachers for payment details and pay them directly or drop a cheque/cash in to Highfield House indicating which class you are paying for.

CK-C Cora Kemball-Cook	corakc@hotmail.com	07711 830 275	JP Julie Page	juliebillpage@btinternet.com	07896 471 107
JF Jo Fiakkas	joanna.fiakkas@hotmail.com	07932 761 237	SJ Susan Jeffery	sjyogaandphilosophy@gmail.com	07817 319 939
JL Joanna Labon	joannalabon@gmail.com	0788 414 8868	SS Simone Stolton	sv.stolton@yahoo.co.uk	07784 304843